

Spaghetti Tour Mont Rose



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Url: <https://wildyakexpeditions.com/trips/spaghetti-tour-mont-rose/>

Duration

4

Max. Altitude

4341 m / 14,242 ft

Difficulty

Challenging

Group Size

3 participants

Per Person Cost

USD1680.- from

Country

Italian Alps

Region

Valais - Greyssoney

Accommodation

Refuge Quintino Sella - Refuge Citta Mantova
- Cabane Mont Rose

Prime Activity

Mountaineering

Meals

Half-board

EXPERIENCE

4 days in the high mountains

In the heart of the Mont Rose Massif

Group of 3 people

HIGHLIGHTS

Discover the Mont Rose Massif

High qualified professional supervision **by one of our WILD YAK Mountain Guide**

A unique experience in the heart of the Alps

Breathtaking panoramic views

Overnight stays in typical mountain refuges

Description

Discovering the 4000m peaks of the 'Spaghetti Tour

Departing from Zermatt in the heart of Mont Rose, this four-day tour will take us to a series of 4000-metre peaks. We'll be spending all our nights in different refuges, located at already 'respectable' altitudes, and the route will include some aerial passages that require careful cramponing, making for a real immersion in the world of high mountains and altitude.

The panoramic views and the changing light according to the time of day will make this moment of sharing, learning and effort an exceptional memory.

WILD YAK EXPEDITIONS offers you a unique **4-day experience in the heart of the Mont Rose Massif**. Make the most of every moment and take some time for yourself in the mountains.

Other dates on request.

Contact us for a tailor-made experience. We are happy to advise you by phone or email.

The WILD YAK team

Programme

Show Detail Itinerary

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Day 01

Zermatt - Refuge Quintino Sella, 3575 m / 11,732 ft

Meeting point in the morning in Zermatt *

Welcome by our mountain guide WILD YAK. Equipment check.

After taking the cable car up to the Klein Matterhorn summit, we cross the Castor 4226 m and its tapering ridge before descending to the Quintino Sella hut, 3575 m.

The rest of the day is spent acclimatising for our next few days in the high mountains.

Overnight stay at the Quintino Sella hut, 3575 m.

D+: 700 m / D-: 1050 m

Duration: approx. 5 hours

*The exact time will be communicated to you a few days before departure.

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Day 02

Refuge Quintino Sella -> Naso del Lyskamm -> Pyramide Vincent -> Refuge Citta di Mantova, 3498 m / 11,476 ft

We set off at dawn on the West Lys glacier to reach the foot of the slope of the Naso del Lyskamm (4,272m). Climbing the Naso del Lyskamm requires a good crampon technique. From the summit, we descend to the Lys glacier, and from there we reach the summit of the Pyramide Vincent 4215 m.

Surrounded by a breathtaking panorama, words are not enough to describe the magic of the high-altitude environment. You have to feel it.

Overnight stay at the Citta di Mantova refuge, 3498 m

D+: 1500 m / D-: 1500 m

Duration: approx. 6-7 hours

N.B. If the nose of the Lyskamm is no longer in safe condition (with sufficient snow), we will have to go through the valley using the Bettaforca and Punta Indren cable cars via the village of Gressonney. Cable cars to be paid for on site.

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Day 03

Citta di Mantova -> Corno Nero -> Ludwigshöhe -> Parrotpitze -> Cabane Mont Rose, 2882 m / 9,462 ft

On this third day, there's another great programme: Bivouac Giordano 4167m - Corno Nero/Schwarzhorn 4321 m - Ludwigshöhe 4341 m - Parrotpitze 4432 m, and we leave the Lys glacier side to switch to the Mont Rose hut 2882 m.

Your efforts are rewarded by a breathtaking panorama of numerous 4000-metre peaks, including the majestic Matterhorn.

D+: 1350 m / D-: 1600 m

Duration: approx. 6-7 hours

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Day 04

Cabane Mont Rose -> Zermatt

From the Mont Rose hut, we reach the Rotenboden station at 2815 m and take the cogwheel train to Zermatt.

D+: 500 m / D-: 55 m

Duration: approx. 4 hours

End of programme: early afternoon in Zermatt

CONGRATULATION !!

WILD YAK SERVICES

- Organization by WILD YAK
- Professional and experienced supervision by our IFMGA mountain guide
- 3 nights in mountain huts, half-board for you and the guide -> Quintino Sella hut, Citta di Mantova, Mont Rose hut
- Picnics for 3 days prepared by us
- Lift to Klein Matterhorn and return Rotenboden / Zermatt for the guide
- Technical equipment (harness, crampons, ice axe) on loan from WILD YAK
- Collective safety equipment (rope, ice screws, etc.)
- All taxes included

Price for 2 people: CHF 2,260 per person

Price for private tour: CHF 3'950.00

Logistics

WILD YAK EXPEDITIONS PHILOSOPHY

WILD YAK EXPEDITIONS focuses on security and **quality**. We believe that this is the best way to guarantee **an excellent and relaxed alpine experience**.

In addition, we adapt the group size to the conditions in the mountains in order to guarantee the best security for you and our guide. Hence, we benefit from **greater flexibility** and can **better tailor** a persona support.

TECHNICAL LEVEL

This tour is on the challenging side – snow and ice slopes of 35° to 45° on a short section for the ascent of the Naso del Lyskamm. Previous experience with crampons and life in a refuge will make your stay more enjoyable.

PHYSICAL LEVEL

Excellent physical condition is essential, with the ability to carry a rucksack for 6-7 hours of walking per day.

PERSONAL GEAR & EQUIPMENT

A full list of personal equipment will be given to you when you register.

OVERNIGHT STAYS IN MOUNTAIN HUTS

Please note that, depending on the season, there may be no running water in the mountain huts. Similarly, in some refuges you may not be able to recharge your electronic devices. So remember to take

an external recharger.

WILD YAK ADVICE

Don't underestimate the altitude of this route, and the altitude of the refuges where we'll be staying. Prior acclimatisation is a real plus, and will enable you to make the most of your high-mountain trek, as well as ensuring your cramponing technique.

Be rigorous when packing your rucksack - an extra kilo can be a kilo too much!

AND FINALLY

A few days before the outing, we'll give you the latest information and decisions, based on the forecasts and weather conditions.

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