

Mönch & Jungfrau



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Url: <https://wildyakexpeditions.com/trips/monch-jungfrau/>

Duration

2

Max. Altitude

4158 m / 13,6412 ft

Difficulty

Intermediate

Group Size

1-2 participants

Country

Switzerland

Region

Bernese Alps – Jungfrau

Accommodation

Mönchjoch hut

Prime Activity

Alpine climbing

Meals

Half-board

EXPERIENCE

- 2-day mountaineering in the Swiss Alps
- Guided Alpine climbing tour
- 1-2 participants (depends on the condition)
- Jungfrau – UNESCO Region

HIGHLIGHTS

- Climbing of **2 legendary 4000-meter peaks** of Switzerland
- **Breathtaking experience** in the core of the Swiss Alps with confidence
- **Majestic views** on surrounding 4000 m summits
- Overnight in a **typical mountain hut**
- High qualified professional supervision **by one of our WILD YAK Mountain Guide**

Overview

Stunning climb in the Bernese Alps as a first step to the Himalaya

Eiger – Mönch – Jungfrau: 3 symbols of the Swiss Alps. Have you ever dreamt to be on the top of one of them?

Let's climb! Discover two of the most scenic 4000-meter peaks in the Swiss Alps: **Mönch (4107 m / 13,474 ft) and Jungfrau (4158 m / 13,641 ft)**. WILD YAK EXPEDITIONS offers a 2-day unique experience **in the core of the Bernese Alps**. Simply enjoy, climb with confidence and take some time for yourself in the mountains.

Alpine climbing tour on request.

Contact us for a tailor-made experience. We are happy to advise you by phone or email.

Program

Show Detail Itinerary

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Day 01

Grindelwald - Jungfrauoch - Mönch, 4107 m

Meeting point in Grindelwald

Welcome by our WILD YAK Mountain Guide. Check of material.

From Grindelwald, we take the legendary train up to the Jungfrauoch, 3463 m - "Top of Europe" - from where you get the first glimpse of the next two-day breathtaking panorama.

Let's start the Adventure with our first climb to the top of Mönch on its normal route and enjoy the majestic panorama from the summit.

After a short warm up, the climb starts. The southeast ridge is varied, mostly over snowfields and in between over rock passages. We reach the pre-peak, which is already over 4000 m. The summit ridge is narrow, and requires a few more concentration. A breathtaking view rewards your efforts of the ascent.

We take the same route down to the Mönchjoch hut.

Overnight in the Mönchjoch hut, at 3650 m/ 11,975 ft.

D+: 650 m / D-: 650 m

Duration of climb: approx. 5 to 6 hours

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Day 02

Mönjoch Hut - Jungfrauoch - Grindelwald

After an energizing mountain breakfast, we head off towards the start of the Jungfrau climb on its normal route (Rottalsattel). A nice warm up climb up to the Rottalsattel. From there the final part of the ascent is steeper with some climbing parts.

We take the same route down towards the Jungfrauoch.

Jungfrau is the highest of the three legendary summits, Eiger, Mönch and Jungfrau.

D+: 1100 m / D-: 1100 m

Duration: approx. 8 to 9 hours

WILD YAK Services

- Organization of your alpine climbing experience by WILD YAK
- Professional and experienced supervision by our IFMGA mountain guide
- 1 night in the Swiss Mountain Hut Mönchjoch, half-board for you and your mountain guide
- Hiking tea for the next day
- Technical material (harness, crampons, ice axes) available by WILD YAK
- General security material (rope, ice screws, etc.)
- All taxes included

Price for a group of 2 people: CHF 1,120 / per person

Price for a private experience: CHF 2,250

Logistic

WILD YAK EXPEDITIONS' PHILOSOPHIE

WILD YAK EXPEDITIONS focuses on security and **quality**. We believe that this is the best way to guarantee **an excellent and relaxed alpine experience**.

In addition, we adapt the group size to the conditions in the mountains in order to guarantee the best security for you and our guide. Hence, we benefit from **greater flexibility** and can **better tailor personal support**.

TECHNICAL SKILLS REQUIRED

This Tour is quoted as technically intermediate. It requires a pre-experience on middle steep flanks and use with crampons.

FITNESS LEVEL

A good physical condition, with the ability to carry a backpack, and ascend 5-6 hours per day.

MATERIAL & PERSONAL EQUIPMENT

A complete list of material and equipment is communicated, upon your booking.

OVERNIGHT IN SWISS MOUNTAIN HUTS

We draw your attention to the fact that depending on the season, there might be no tap water. Also, in some of the huts, you might not be able to charge any devices.

LAST BUT NOT LEAST

A few days prior the Tour, we will inform you about the latest information and decision, depending on the weather forecasts and conditions.

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