Himlung Expedition



Himlung Expedition

Url: https://wildyakexpeditions.com/trips/himlung-expedition/

Duration
30

Max. Altitude
7126 meters / 23,379 ft

Difficulty
difficult

Group Size
4 to 6 Participants

Country
Nepal

Prime Activity
Climbing

Meals
Full package meals

HIMLUNG HIMAL

Himlung is a renowned peak nestled in the western part of Nepal, specifically within the Manaslu region of the Annapurna Conservation Area. This majestic mountain stands at 7,126 meters (23,379 feet), close to the Tibetan border. Its name, “Himlung,” translates to “the abode of snow” in the local dialect.
WILD YAK EXPEDITIONS has orchestrated highly successful and thrilling expeditions to the breathtaking Himlung for years. Unlike other famous peaks, Himlung Himal offers a hidden gem experience with fewer crowds. It is an ideal stepping stone to higher, more challenging mountains like Everest, Manaslu, and the revered 8,000-meter peaks. Climbers can build essential skills and gain valuable high-altitude climbing experience on this mountain.The ascent of Himlung requires good climbing skills and demands mountaineers to be physically and mentally fit. The WILD YAK Expeditions climbing route generally follows the Northwest Ridge, offering breathtaking views of surrounding peaks, including Manaslu, Annapurna, and Ganesh Himal.

Moreover, Himlung **is not just about climbing;** it presents an extraordinary chance to immerse yourself in the region’s surrounding treasure trove of unique diversity. The expedition allows you to explore remote villages, encounter diverse ethnic communities, and witness their fascinating ways of life. The journey is as much about the people and their traditions as about conquering the mountain. Each step you take will be a delightful blend of adventure and cultural immersion, leaving you with lasting memories and a profound appreciation for the wonders of nature.

Join us at WILD YAK EXPEDITIONS on our extraordinary Himlung expedition and **embark on the journey of a lifetime**. With our expertise and dedication, we ensure a safe and exhilarating experience, guiding you through the challenges of the climb and introducing you to the hidden treasures of this

remarkable region. Get ready to discover the perfect harmony of climbing and exploring the captivating diversity of remote villages and the awe-inspiring natural beauty that awaits you on the slopes of Himlung.

Achieve the Unimaginable and Make Your Dream a Reality with our WILD YAK HIMLUNG Expedition

WILD YAK EXPEDITIONS is the perfect choice for those looking for a **small and exclusive group** to summit Himlung. Our team size is **limited to 6 participants**, allowing us to **focus on high-quality, safety, and sustainability**. We prioritize your safety above all else and ensure that every aspect of our WILD YAK Himlung Expedition is planned and executed with the utmost care.

Our founder, Norbu Sherpa, is a veteran climber who has summited Everest nine times and has guided numerous clients to the top of other 8000 peaks and major Himalayan peaks. When you choose WILD YAK EXPEDITIONS, you can trust that you will be accompanied by an experienced and competent veteran Sherpa team who will support you every step.

We understand that preparing for a climb of this magnitude can be daunting. That's why we offer **comprehensive training preparation workshops in the Alps** to help you prepare for your Himalayan aspirations. We believe anyone can climb Himlung with proper preparation, determination, and mindset.

Climbing Himlung **is not just about reaching the summit**. It's about the journey and the personal growth that comes from such an incredible accomplishment. At WILD YAK EXPEDITIONS, we want you to unlock a sense of self-discovery, exploration, and accomplishment that stays with you long after you return home.

To make your experience seamless, we **also offer rental possibilities** of expedition equipment such as down-suits, sleeping bags, and expedition jackets. This means you won't have to worry about purchasing some expensive gear, as we will provide everything you need for a successful climb.

Follow WHY WITH WILD YAK EXPEDITIONS for more information about our next epic WILD YAK Himlung Expedition.

WHY WITH WILD YAK EXPEDITIONS?

Small Groups

Small groups of 4 to 6 participants only
Join WILD YAK EXPEDITIONS for the adventure of a lifetime. Our small groups with a **maximum of six members**, offer numerous benefits over larger overcrowding groups with fifteen or more members.

First and foremost, a small group allows for closer bonds and camaraderie, leading to **better team spirit and support**. Plus, the flexibility in decision-making and itinerary planning comes in handy when facing inclement weather or changing circumstances in the mountain. As far as possible, we prioritize your preferences while ensuring every member's safety. Thanks to the individualized attention of our experienced WILD YAK Expedition Team, they can provide efficient support.

With WILD YAK EXPEDITIONS, **you'll experience the perfect balance of adventure and safety**.

WILD YAK Team

Our WILD YAK Team

Climbing Himlung is technically not so difficult but can be challenging, physically tiring, and mentally demanding, and choosing the right climbing Sherpa Team is crucial for a safe and successful climb. Therefore, WILD YAK EXPEDITIONS carefully determines and assigns the best Sherpa Team for your Himlung Expedition. Here are some elements that we take into consideration to evaluate and choose the right team for our WILD YAK Himlung Expedition:

Experience: our WILD YAK expedition Sherpa Team has extensive experience climbing Himlung and other significant mountains in the Himalayas. They know the route, conditions, techniques and risks while climbing Himlung. The WILD YAK Team has led many successful ascents on Himlung in previous years.

Expertise: our WILD YAK expedition Sherpa Team is a highly skilled team of Sherpa climbers who performs best in difficult situations. The WILD YAK Team consists of new-generation dynamic climbers, qualified and trained by Nepal Mountaineering Association. Last, our WILD YAK expedition Team is in excellent physical fitness and can withstand the rigors of such expeditions in high altitudes.

Personality: during your Himlung Expedition, you will spend much time with our WILD YAK expedition Sherpa Team. Any expedition member must feel comfortable with our Sherpa Team and should establish a good relationship. Our WILD YAK Expedition Sherpa Team is friendly, kind, and supportive.

Communication: communication and personal compatibility within the team are crucial for a safe and successful expedition. Interaction with the members, responses to queries, and willingness to address their concerns are vital requirements in an expedition. Each Sherpa of our WILD YAK expedition Team communicates effectively with the member and ensures everyone is on the same page. Indeed, it is also the advantage of being a small group expedition, where the climbing members and the WILD YAK Team have sufficient time to understand each other as climbing partners properly. Some of our WILD YAK expedition Sherpa Guides speak multiple languages.

Weather Reports

Weather Reports

Weather reports are a lifeline for Himalayan expeditions. They help members and the WILD YAK Team prepare for any situation, make informed decisions, and take necessary precautions. With valuable insights into weather conditions, these reports can reduce risk and increase the chances of a successful and safe ascent.

WILD YAK EXPEDITIONS is taking the weather report services from a **professional weather forecast provide**r, not from online weather sites.

At WILD YAK EXPEDITIONS, we emphasize the importance of weather reports and strictly follow our expeditions' updates.

Communication

Communication means

The WILD YAK Team takes every precaution to ensure your safety while climbing Himlung. Our

communication systems enable constant contact between the members, guides, and the Base Camp (Cook & BC Manager), with satellite phones, radios, and other GPS tracking devices.

In addition, the use of communication devices and climbing updates enhances safety. It provides peace of mind in the event of an emergency, particularly when it comes to weather updates.

Emergency

WILD YAK's emergency features
WILD YAK EXPEDITIONS has well-defined emergency response protocols, such as:

– medical kits with high-altitude medicine

– oxygen with masks and regulators

– Plan for immediate response to medical emergencies in case of altitude sickness, frostbite, or injury.

In addition, our WILD YAK Team of Sherpas is trained to administer first aid and coordinate rapid evacuations if necessary, including high-altitude helicopter evacuations.

Sustainability

WILD YAK's commitments

We demonstrate a solid commitment to responsible tourism by integrating sustainable practices into our WILD YAK EXPEDITIONS operations.

Since 2014, WILD YAK EXPEDITIONS, **in collaboration with our charity organization "The Butterfly Help Project",** has contributed namely to schools constructions, sponsoring Sherpa children who have lost their fathers in the mountains, collaborating with local organizations to preserve their culture, and financially supporting community development initiatives.

In addition, WILD YAK EXPEDITIONS encourages travelers to actively participate in community-based activities and respect local customs and traditions. **We highly encourage reusable water bottles, minimizing single-use plastics.** We also provide proper waste disposal facilities during the trekking.

Furthermore, **WILD YAK EXPEDITIONS greatly emphasize the well-being of porters and the WILD YAK guiding Team.** We are committed to treating porters fairly and providing them with better working conditions by limiting the weight carried by each of them. Additionally, **we apply a strict policy of fair wages and provide them with proper clothing, footwear, and necessary accessories.** Finally, we purchase insurance for each porter's emergency medical and rescue services on each trip.

Last but not least, we contribute with each of our trip to the projects of "The Butterfly Help Project".

DAY TO DAY ITINERARY

Day 1: Arrival Kathmandu

Day 2: Sightseeing of the World UNESCO Heritage sites

Day 3: Kathmandu to Besishare (Drive 7 to 8 hrs)

Day 4: Beshishare to Koto (Drive 4 to 5 hrs)

Day 5: Koto to Meta (Metang)

Day 6: Meta (Metang) to Phu

Day 7: Phu Gue – Rest Day

Day 8: Phu to Himlung Base Camp

Day 9-24: Climbing Period (16 days)

Day 25: Himlung Base Camp to Meta (Metang)

Day 26: Meta (Metang) to Koto

Day 27: Koto to Besishare by Jeep (Drive 5 hrs)

Day 28: Drive from Besisahar to Kathmandu (Drive 7 to 8 hrs)

Day 29: Kathmandu

Day 30: International departure

According to your flight schedule, a WILD YAK representative will escort you to the airport.

LOGISTICS

Climbing Sherpa

Climber to Sherpa ratio:
Climbing a mountain like Himlung can be a risky and intimidating experience. Knowing if you'll have the support and guidance to make your climb safe and enjoyable might be difficult.

Low guide-to-member ratios often compromise safety and individual attention in most other agencies. Inexperienced high-altitude climbers can feel overwhelmed and unsupported, and that's not how it should be.

WILD YAK EXPEDITIONS offers our Himlung expedition members **an expert Sherpa guide for every two member**s. This unparalleled **1:2 Sherpa guide-to-member ratio** ensures you get all the help and support you need, resulting in a better and safer experience on the mountain. With WILD YAK EXPEDITIONS, you can be sure that your safety is always a top priority.

Kathmandu

In Kathmandu:
We stay in superior category hotels – Hyatt Regency and Yak & Yeti, or similar category, on a double room basis, breakfasts included. Subject to availability, booking single rooms on request (additional cost). If this is the case, please inform WILD YAK EXPEDITIONS when booking.

The included evening meals are served in excellent restaurants in Kathmandu. WILD YAK EXPEDITIONS has tested each restaurant to meet our client's requirements best.

Please note that drinks are at each participant's expense.

Trekking

During the trekking:
We stay in the lodges (small typical Nepalese mountain inns) recommended by WILD YAK EXPEDITIONS. It is the ideal place to enjoy different kinds of food (Nepalese, Tibetan, continental). Please note that all drinks are at your own expense, except coffee/tea in the morning and at the end of the day, served on arrival at the lodges. WILD YAK EXPEDITIONS provides a few snacks to accompany your selection of teas at the end of the day.

In most lodges, it is possible to take a shower (USD 3 to 5).

Please note that booking single rooms in the lodges is not possible. Although blankets are available in most lodges, we recommend taking your sleeping bag (or hiring it from WILD YAK EXPEDITIONS).

In some places, we sleep in tents and enjoy the delicious culinary specialities prepared by our kitchen team. Fresh fruit, vegetables and meat are served as often as conditions allow. Picnics are provided on certain days depending on the programme.

Tents and insulating mattresses are provided by WILD YAK EXPEDITIONS; each participant brings his or her own sleeping bag (available for hire from WILD YAK EXPEDITIONS, on request).

Base Camp

WILD YAK Base Camp:
WILD YAK EXPEDITIONS has its philosophy regarding Base Camp: climbing Himlung is one of the central parts of this Expedition, comfort, hygiene, and good food at Base Camp are among our priorities.

The WILD YAK EXPEDITIONS Base Camp is comfortable and well-organized. Each participant has an individual tent. We equip each tent with an insulating layer, a good mattress, and a pillow.

The dining tent is triple insulated and has heating at certain times of the day. A bucket of water with soap is next to the dining tent. A solar recharging system is available for mobile phone batteries.

The Base Camp has also a toilet and shower tent facility.

High Camps

WILD YAK High Camps:
In the high camps, we encourage team spirit by asking two members to share a tent to support each other and make diligent observations of each other's form, particularly at night.

We provide essential equipment such as thermal mattresses, utensils, and food.

If necessary, we can also hire sleeping bags for the high-altitude camps.

Our WILD YAK Expedition Team will happily assist you in setting up and dismantling tents and cooking the water.

Climbing route

The Himlung ascent route comprises three camps:
Base camp at 4,900 metres
Camp-I at 5450 metres
Camp-II at 6050 metres
Camp-III at 6350 metres (depending on conditions)

Climbing Himlung is not technically difficult, but can be physically and mentally demanding. Excellent physical condition and previous glacier experience are essential.

The day of the summit is the most demanding: it takes 10 to 13 hours from Camp II, the summit, to the return to Camp I.

INCLUDES & EXCLUDES, PAYMENT INFORMATION

Includes & Excludes

WILD YAK Services
WILD YAK EXPEDITIONS' philosophy: The prices quoted include a maximum of services in complete transparency. So, our customers know the cost of their adventure when booking.

- Organization of your expedition
- All airport/hotel transfers
- All ground transportation as indicated in our program
- Accommodation (4 nights) in superior hotels in Kathmandu (Hyatt Regency and Hotel Yak & Yeti, or similar category), in double rooms, including breakfasts – supplement for single rooms (on request)
- Four (4) dinners in excellent restaurants in the town
- Guided tour of Kathmandu, including entrance fees
- Accommodation in lodges during the trekking, in double rooms

- All main meals, except lunches in Kathmandu
- Excellent infrastructure at Base Camp: individual tents, dining tents, kitchen tents, store tents, sanitary tents
- Tents (2 people per tent with isolation mattress), cooking stoves, butane gas, and food for the high camps
- Qualified and well-experienced WILD YAK Team: expedition sherpas (**1:2 ratio Sherpa – members**), kitchen team, and porters -> **1 participant = 1 porter during trekking: sustainable development,** including their salaries, insurance, equipment, transport, food, and lodging
- Liaison officer, including his salary, insurance, transport, food, and lodging
- All equipment required to secure the mountain in certain sections, if necessary
- Transport of individual luggage (40 kg per member) and collective equipment to Base Camp and back to Kathmandu
- All trekking and climbing permits
- Fixing route costs
- Group first aid medical kit with oxygen, mask, and regulator for emergencies
- Professional weather forecasts
- Handsets radio sets for communication in the mountains
- Satellite telephone (personal use at participants' expense)
- Solar recharging system at Base Camp
- Heater in the dining tent (at some hours of the day)
- Logistics organization in case of rescue – repatriation
- WILD YAK sports bag for each participant
- All government and local taxes

Not Included

- International flight (we are at your disposal for your flight booking)
- Entry visa for Nepal (USD 50 per person for 30 days)
- Excess baggage and, or cargo for domestic and international flights, including local taxes
- Excess of 40 kg of personal luggage for transport to the Base Camp and back
- Additional night(s) in Kathmandu or en route during the journey for any reason not caused by WILD YAK EXPEDITIONS and outside the planned itinerary
- Any additional night at low altitude for personal reasons (altitude sickness, etc..)
- Meals in Kathmandu, except all those mentioned above
- Travel cancellation and rescue insurance (**mandatory**)
- All individual beverages and personal expenses
- Personal equipment (**N.B.** possibility of renting sleeping bags and warm jackets)
- Personal climbing sherpa**
- Oxygen, mask, and regulator**
- Additional trip/tour
- Tips
- Any other expenses not included in the above price.

** *Please note that the reservation of a personal Sherpa and oxygen with mask and regulator* ***shall be made at least 60 days before departure****. If this is the case, please contact us.*

Payment & Cancellation Policy

Payment Methods: bank transfers

Currency: The default transaction currency will be specified on our website or provided when booking. If you pay in a different currency, currency conversion fees may apply, and the payment provider or financial institution will determine the exchange rate. **Note: All bank transfer charges are for the remitter's account.**

Payment Schedule:

- The payment schedule will depend on the type of booking and the specific terms and conditions associated with your booking.
- For some bookings, full payment may be required at the time of booking.
- For other bookings, a deposit will be required at the time of booking, with the remaining balance due before a specified deadline.
- Failure to make the required payments within the specified timeframe may cancel your booking, subject to our cancellation policy.

Payment Security: We prioritize the security of your payment information and comply with industry standards and best practices.

Payment Disputes and Refunds: In the event of a payment dispute or if you believe an incorrect payment has been made, please get in touch with our WILD YAK service team immediately. Refunds, if applicable, will be processed according to our cancellation and refund policy.

Modifications to the Payment Policy: We reserve the right to modify this payment policy at any time without prior notice. Any changes to the payment policy will not apply retroactively and will only affect future bookings.

Please note that this is a general overview of our payment policy. The specific payment terms and conditions may vary based on your booking and destination. We recommend reviewing the detailed payment policy provided when booking or contacting our WILD YAK service team for further assistance.

Trip Cancellation Policy (cf. Article 5 of WILD YAK Terms and Conditions):

At WILD YAK EXPEDITIONS, we understand that unexpected events can disrupt your travel plans. To ensure a smooth and transparent experience for our valued customers, we have developed the following trip cancellation policy:

Cancellation Requests:

All cancellation requests must be submitted in writing via email, registered letter or through our designated cancellation form available on our website. The date of receipt by us of your cancellation will be considered for calculating the charged money. If the last day of the time limit is an official holiday or a non-business day, the time limit shall expire at the end of the first subsequent business day.

Cancellation & Refund Policy:

Cancellation from your side:

The cancellation charges will vary depending on the type of booking, destination, and specific terms and

conditions associated with your reservation.

Once you have paid your deposit, your trip is confirmed, subject to payment of the fees owed 60 days before your trip commencement date. An expedition trek member may then cancel their participation on the following basis:

- **Cancellations outside of 60 days will result in the loss of the trip deposit.**
- **For cancellations made within 60 days of the trip commencement date, we reserve the right to retain 50% of the total fee.**
- **For cancellations within 30 days of the departure date, a cancellation fee of 100% of the total fee applies.**

Non-refundable components of your booking, such as certain flights, accommodations, or activities, may not be eligible for a refund.

Refunds will be issued using the original payment method used for the booking.

Cancellation by WILD YAK EXPEDITIONS:

If we need to cancel your trip due to unforeseen circumstances, we will notify you as soon as possible.

If we cancel your trip, you will be eligible for a full refund of the amount paid for the affected booking.

Modifications to the Cancellation Policy:

We reserve the right to modify this cancellation policy without prior notice.

Any changes to the cancellation policy will not apply retroactively and will only affect future bookings.

Please note that this is a general overview of our trip cancellation policy. The specific terms and conditions may vary based on your booking and destination. We recommend reviewing the detailed cancellation policy provided when booking or contacting our WILD YAK service team for further assistance.

TRIP NOTES

Fitness & Difficulty level

Fitness & Difficulty Level of WILD YAK Himlung Expedition
Finding the perfect mountain to climb can be challenging, especially considering your skill, fitness, and experience. That's why our team of expert guides has created a straightforward grading system to make the process easier. With this system, we can help you choose the mountain that best matches your abilities and capabilities. Trust our expertise to guide you toward the perfect climb.

- **Fitness:** this climb requires very good body and mental strength, stamina, and efficiency to deal with the strenuous situations of the high altitude
- **Technical skills:** advanced mountaineering skills are required; you must be able to ascend and descend independently with your technical devices. You should be a confident climber in different mountain terrains, such as ice, rock, and snow, with excellent knowledge of your climbing gear, high altitude, and crevasse rescue
- **Climbing experience:** some prior technical 4000-meter peak climbing experience in the Alps

and previous high altitude climbing experience (5000-6000 meters peaks) are highly recommended

- **Strength:** you should be able to carry an 7 to 10 kg backpack in an high-altitude environment
- **The climbing duration between the camps:** 4 to 7 hrs
- **Summit distance overall from the last high camp:** 8 to 11 hrs from the last camp and back to the last camp
- **Number of high camps**: 3
- **Degree of technical difficulty:** medium
- **Steep sections:** some sections of 50 to 100 meters elevation with some steep parts of 35-55 degrees
- **Ice climbing sections:** some sections of 10-20 meters elevation and 25-40 degrees
- **Mix rock and ice climbing:** few short sections
- **Altitude:** up to 7126 meters / 23,379 feet
- **Oxygen Level :** approx. 50% at the summit

Briefing & Preparation Workshops

Tailor-made preparation workshops and training:

With WILD YAK EXPEDITIONS, we ensure you're well-prepared for your next Expedition. **Our pre-expedition workshops and training sessions in the Alps** will give you essential high altitude skills. Our preparation workshops in the Alps cover everything from physical and mental fitness advice to emergency procedures and the risks associated with high altitude.

We'll also organize virtual meetings for our **briefings** for those you can't attend in person.

With our expert advice, **you'll be well-prepared and confident** that you're ready to meet the challenges of your next high altitude expedition.

Feel free to contact us for a tailor-made preparation workshop in the Alps.

Climbing Equipment

Your personal equipment and gear:
Acquiring the necessary equipment for your Himalayan experience can be expensive, with specific requirements that you might only need for this particular adventure. **To help minimize expenses, we provide our guests with the option to rent some expensive equipment at a very reasonable price.** Our offerings include expedition sleeping bags, down suits, and warm-down jackets. This allows you to experience your expedition without purchasing gear you may never need or use again.

Note: Members must order the required expedition equipment (sleeping bag, down suit, down jacket) **60 days before the expedition's departure.** Don't miss out on securing these essential goods in time!

We will provide the members with a comprehensive list outlining all the essential clothing and equipment they must bring individually.

Travel Insurance

Having the right travel insurance is essential to enjoy your trip with WILD YAK EXPEDITIONS fully. Travel insurance must provide coverage for trip cancellation due to personal emergencies (mountain rescue and helicopter evacuation shall be covered), medical issues, natural disasters, or other covered events.
Purchasing comprehensive **travel insurance** to protect yourself against unforeseen circumstances, including trip cancellations **is therefore mandatory** for anyone booking a trip with WILD YAK EXPEDITIONS. To this extent, you must submit a copy of your insurance policy to the WILD YAK EXPEDITIONS office with your registration form.

We recommend carefully choosing your insurance policy, as some insurance companies make exceptions for such trips. Before booking your insurance, check that the insurance company knows the itinerary you will be following with WILD YAK EXPEDITIONS and that all activities undertaken during the trip are covered.

Finally, check that your insurance policy also covers trip cancellation.

Due to the international origin of our clients, please note that WILD YAK EXPEDITIONS does not sell insurance. For more information on this subject, please do not hesitate to contact us.

Visa Procedure

Before traveling with WILD YAK EXPEDITIONS, please check the validity of your passport. **Your passport must be valid for six months after your return date.**
Nepal is one of the countries where obtaining a visa is quick and straightforward. There are **two ways of getting a visa to enter Nepal**:

– **Upon your arrival** at the immigration office at Kathmandu Tribhuvan airport.

To apply at the airport, you must fill in a form using the electronic terminals. Take the printed receipt from the machine to make the payment (we recommend that you have an exact change in U.S. dollars) at the airport bank. Once you have paid, take your receipt to the immigration desk.

– **Before your departure**, contact your country's Nepalese Embassy or Consulate.

According to the provisions in force, the amount of the visa obtained on arrival is USD 30 for 15 days, USD 50 for 30 days, and USD 125 for 90 days.

OPTIONAL ADDS ON

Oxygen

Add oxygen
Our experience says maximizing oxygen flow rates in expeditions is a proven strategy for increasing success rates. Maximizing your oxygen flow rate can enhance performance and maintain energy levels more efficiently. An extra oxygen bottle also serves as a safety buffer for unforeseen delays, emergencies, or challenging conditions during the climb.

Our expedition members who have maximized their oxygen flows have reported significant improvements in their mental and physical well-being. On summit climbs, they experienced better appetite, increased warmth, heightened strength, and greater enjoyment. By prioritizing oxygen optimization, you can optimize your overall expedition experience.

Contact us to enhance your performance by maximizing your oxygen flow rate.

Note: You can combine different options: maximum oxygen flow with additional Sherpa support in one package at a favorable price to get the best experience of your expedition.

Personal climbing Sherpa

Add a Personal climbing Sherpa
Sherpas play a critical role in supporting climbers during expeditions at extreme altitudes. Their expertise, strength, and unwavering commitment make the ascent to the summit more attainable while effectively mitigating the associated risks. Their invaluable contributions enable climbers to fulfill their dreams and conquer the formidable challenges that await them. Adding a personal sherpa contributes thus to a sense of security. It reduces the risk of injuries or physical strain associated with carrying heavy backpacks. It is best for everyone with difficulties recovering from strenuous activity.

By opting for an additional Personal climbing Sherpa service, you'll gain invaluable support from a dedicated and highly experienced WILD YAK climbing Sherpa.

Your Personal Sherpa will accompany you throughout the journey, guiding and assisting you from Base Camp to the summit and back. He will even help carry your necessary personal equipment to the higher camps. You will share a tent with your Personal Sherpa, who will also handle cooking responsibilities, ensuring a right recovery and comfortable experience.

Our WILD YAK Sherpa guides are highly skilled professionals and friendly and supportive companions. Having summited Everest and other challenging peaks multiple times, they have the proper expertise to make your climb successful.

Helicopter Services

Enjoy a stunning helicopter mountain flight
Suppose you are too tired or not feeling motivated to hike for days after finishing the expedition. In that case, you can take a helicopter service from Base Camp. At the same time, you can enjoy a stunning experience.

You can also use the helicopter service for mountain tour flights and get amazing views of the Himalaya. Feel free to contact us at any time.

Extra Visits

Discover the Hidden Gems of Nepal beyond Adventure Activities

Besides mountaineering or trekking, you can explore diverse experiences in Nepal. With its cultural heritage, spiritual traditions, natural beauty, and warm hospitality, Nepal offers endless opportunities to create meaningful and unforgettable memories.

Cultural exploration and local immersion:

Uncover the richness of Nepal, where adventure activities are just the beginning. Elevate your senses with sightseeing tours of Nepal's historical sites and architectural marvels – Marvel at ancient palaces, temples, and intricate woodcarvings in Kathmandu, Bhaktapur, and Patan. Explore monasteries, museums, and art galleries to unlock the secrets of Nepal's rich history and artistic traditions.

Immerse yourself in vibrant festivals, traditional villages, and the warm embrace of locals eager to share their customs and traditions. Immerse yourself in the local culture with homestay programs, where you can experience the daily life of Nepalese families, learn traditional cooking, and engage in community activities. Forge genuine connections and gain a deeper understanding of the local culture.

Wildlife and Nature Experiences:

Unleash your wild side with wildlife safaris in national parks like Chitwan and Bardia, where rhinos, tigers, elephants, and exotic bird species roam free. Or embrace the serene beauty of Nepal's mountains, lakes, and rivers through nature walks, birdwatching, and boating activities.

Spiritual and Yoga retreats:

Embark on a spiritual journey to Nepal's sacred sites, such as the revered Pashupatinath Temple, the peaceful Swayambhunath Stupa, and the birthplace of Lord Buddha, Lumbini.

Find serenity and rejuvenation through meditation retreats, yoga classes, and spiritual workshops that nourish the mind, body, and soul. Indulge in a world of wellness and Ayurveda, as Nepal offers a sanctuary for rejuvenation. Pamper yourself with spa treatments, Ayurvedic therapies, and healing practices that promote relaxation, stress relief, and holistic well-being.

Volunteering

Become a Volunteer:
Make a difference through volunteer programs, where you can contribute to community development, education, healthcare, and environmental conservation projects. Experience the satisfaction of leaving a positive impact and gain a profound understanding of Nepal's social challenges and initiatives.

WILD YAK EXPEDITIONS is dedicated to sustainable tourism and actively contributes to the community. Through their charity organization "The Butterfly Help Project", the co-founders of WILD YAK EXPEDITIONS have undertaken various initiatives, including constructing four schools in remote areas of Nepal. Additionally, they run a hostel for underprivileged mountain children, providing them with accommodation and education opportunities. They also sponsor numerous children who have lost their fathers in the mountains.

In addition to their educational efforts, the co-founders of WILD YAK EXPEDITIONS have established two apple orchards in the Kanchenjunga region at more than 3000 meters, supporting the local economy.

FAQ

Do I get an expedition documentation?

Upon registration, we will email you a set of references document for your chosen expedition. This extensive booklet includes detailed information to assist in planning your trip, from travel and medical advice to equipment lists.
The following is a helpful guideline, but don't hesitate to contact us if you have any further questions. Our WILD YAK Team is happy to advise you!

Questions related to my travel

What is the best way to get to Nepal?
Many airlines offer flights to Kathmandu International Airport. Most airlines fly directly to most countries via Doha, Bangkok, Singapore, Hong Kong and New Delhi.

When should I book my ticket?

If you see a good deal and want to book your flights as early as possible, please ensure that you can change your tickets, or you run the risk of losing your ticket in the event we have to cancel the trip if we don't meet the minimum number of participants. We remain at your disposal for the booking of your international flights. Feel free to contact us!

Can I get a cheap ticket online?

The risk with these tickets is that you generally have to pay a lot more if you need to make changes to your ticket. We strongly recommend that you use a travel agent for your trip, as they can help you solve many problems. In the long run, they save you money! We use professional travel agents for all our staff and guide bookings. Please do not hesitate to contact us

What if I arrive early or depart late?

On a trip as long as this, we request that you arrive in Kathmandu on the assigned date to ensure your baggage makes it on time and you have time to recover from jet lag before your Himalayan experience. It is hard to catch the group if you arrive late and wait for lost baggage!

If you wish to arrive earlier or depart later to enjoy more from Kathmandu or discover further places in Nepal, we're happy to help you organise your extended stay.

However, remember that this is a long journey, and people usually want to return home as quickly as possible after the climb finishes. Therefore, we recommend that you take some flexible tickets

Will someone pick me up at the airport?

A WILD YAK EXPEDITIONS representative will be waiting outside Kathmandu airport to meet you on arrival.

Do I need a visa to travel to Nepal?

Yes, you definitely need a visa to enter Nepal.
We kindly refer you to our “Visa Procedure” section on our website. Be sure to have the suggested USD amount in cash for your visa application upon your arrival in Kathmandu. Currently, a 90-day visa costs US$125 for most nationalities.

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