Everest Base Camp



Everest Base Camp

Url: https://wildyakexpeditions.com/trips/everest-base-camp/

Duration
16

Max. Altitude
5545 meters / 18,193 feet

Difficulty
Moderate++

Group Size
4 to 6 Participants

Country
Nepal

Region
Everest

Prime Activity
Trekking

Meals
Full Package meal

EVEREST BASE CAMP TREK

WILD YAK Everest Base Camp Trek is taking place in the Everest region, the homeland of the famous Sherpa ethnic group of Nepal. The Sherpa people are renowned for their high-altitude competence and caliber worldwide.

The Sherpa land

The region is also famous for the highest mountains in the world, its deep valleys, and the Himalayan species, such as the snow leopard, blue sheep, Tibetan fox, and Red Panda.

Besides that, the region has a long history of being one of the Himalayas' most prominent trekking and expedition regions, which predates the first successful ascent of Mt Everest by Edmund Hilary and Tenzing Sherpa.

Over the period, the trekking trails have drastically expanded; they are now well maintained. This significantly contributes to the trekkers' successful and memorable trek in the region. The lodges and hotels have also considerably improved the quality of their service with the primary emphasis on the freshness of the food served and hygiene of accommodations. The Everest region provides all the needs of a tourist of all variations, although the part is in a remote area far from Kathmandu or any other city in Nepal.

WILD YAK Everest Base Camp Trek

Our WILD YAK Everest Base Camp trek starts with a stunning mountain flight to Lukla. The flight to Lukla offers breathtaking landscapes of Nepal's hills and the Himalayan mountains. At the beginning of

the trek, encounter numerous picturesque Sherpa villages, local lifestyles, and typical monasteries.

After a two-day hike, the journey heads to Namche Bazaar, the heartland of the Sherpa and Everest region. You can experience a vibrant atmosphere of local markets, bakeries, and trekking gear shops on our acclimatization day at Namche Bazar.

The journey goes further to Phortse village. Explore the lush green alpine forest, architecturally distinct Buddhist monasteries, mani walls with carved mantras on stones, and stupas with colorful prayer flags.

This journey familiarizes with the region's geography, vegetation, culture, and religion and its people until Tengboche Monastery. The majestic close view of Mount Ama Dablam, Lhotse Shar, Thamserku, and Mount Everest is excellent from the balcony of the Tengboche Monastery, UNESCO heritage.

WHY WITH WILD YAK EXPEDITIONS

Small Groups

Small groups of 4 to 6 participants only
Join WILD YAK EXPEDITIONS for the adventure of a lifetime. Our **small groups** trip, with **maximum six participants**, offer numerous benefits over larger overcrowding groups with fifteen or more members.

First and foremost, a small group allows for closer bonds and camaraderie, leading to better teamwork and support. Plus, the **flexibility** in decision-making and itinerary planning comes in handy when facing inclement weather or changing circumstances in the mountain. As far as possible, we prioritize your preferences while **ensuring every participant's safety.** Thanks to the **individualized attention** of our experienced WILD YAK Team, they can provide efficient support.

With WILD YAK EXPEDITIONS, you'll experience the perfect balance of adventure and safety.

WILD YAK Team

Trekking at a high altitude is challenging, physically tiring, and mentally demanding, and choosing the right guide and local team is crucial for the safety and success of such a trip. A 16-day guided trekking expedition to Mount Everest Base Camp (5,364m) led by experienced Sherpa guides with small group sizes, high-altitude safety support, and authentic local experiences.Therefore, WILD YAK EXPEDITIONS carefully determines and assigns the best WILD YAK Team of trekking guides and porters for our WILD YAK Everest Base Camp Trek. Here are some elements that we take into consideration to evaluate and choose the right team for our Everest Base Camp Trek:
Experience: Our WILD YAK Trekking Team has extensive experience guiding around the Everest region and other significant areas in the Himalayas. They are familiar with the route, conditions, and risks while guiding at a high altitude.

Expertise: Our WILD YAK Trekking Team is a highly skilled guide who performs best in difficult situations. It consists of new-generation dynamic trekking guides, qualified and trained under the banner of the Nepal Tourism Board. Last but not least, our WILD YAK Trekking Team has excellent physical fitness and can withstand the rigors of such adventure in high altitudes.

Communication: Communication and personal compatibility within the team are crucial for a safe and

successful adventure trip. Interaction with the participants, response to their queries, and willingness to address each participant's concerns are vital requirements in Trekking. Our WILD YAK Trekking Team communicates effectively with the participants and ensures everyone is on the same page. Indeed, it is also advantageous to be a small group of adventurers, where the participants and the WILD YAK Team have sufficient time to understand each other appropriately. Some of our WILD YAK trekking Guides speak multiple languages.

Profile: You will spend much time with the WILD YAK Team during your WILD YAK trekking experience. Each participant must feel comfortable with the members of our WILD YAK Team and should establish a good relationship. Our WILD YAK Trekking Team is friendly, kind, and supportive.

Briefing & Preparation

Tailor-made workshops and training:

With WILD YAK EXPEDITIONS, we ensure you're well-prepared for your trekking. **Our optional pre-trekking workshops and training sessions in the Alps** will give you essential high altitude skills. We'll organize virtual meetings for those you can't attend in person.

Our preparation workshops in the Alps cover everything from physical and mental fitness advice to emergency procedures and the risks associated with high altitude.

With our expert advice, **you'll be well-prepared and confident** that you're ready to meet the challenges of your next high altitude trekking.

Feel free to contact us for a tailor-made training session in the Alps.

Emergency

Our emergency features:
WILD YAK EXPEDITIONS has well-defined emergency response protocols, such as:

– medical kits with high-altitude medicine

– oxygen with masks and regulators

– plan for immediate response to medical emergencies in case of altitude sickness, frostbite, or injury.

In addition, our WILD YAK Team of Trekking Guides is trained to administer first aid and coordinate rapid evacuations if necessary, including high-altitude helicopter evacuations.

Sustainability

WILD YAK's commitments

We demonstrate a solid commitment to responsible tourism by integrating sustainable practices into our WILD YAK EXPEDITIONS operations.

Since 2014, WILD YAK EXPEDITIONS, **in collaboration with our charity organization "The Butterfly Help Project",** has contributed namely to schools constructions, sponsoring Sherpa children

who have lost their fathers in the mountains, collaborating with local organizations to preserve their culture, and financially supporting community development initiatives.

In addition, WILD YAK EXPEDITIONS encourages travelers to actively participate in community-based activities and respect local customs and traditions. **We highly encourage reusable water bottles, minimizing single-use plastics.** We also provide proper waste disposal facilities during the trekking.

Furthermore, **WILD YAK EXPEDITIONS greatly emphasize the well-being of porters and the WILD YAK guiding Team.** We are committed to treating porters fairly and providing them with better working conditions by limiting the weight carried by each of them. Additionally, **we apply a strict policy of fair wages and provide them with proper clothing, footwear, and necessary accessories.** Finally, we purchase insurance for each porter's emergency medical and rescue services on each trip.

Last but not least, we contribute with each of our trip to the projects of "The Butterfly Help Project".

DAY TO DAY ITINERARY

Day 1: Arrival Kathmandu

Day 2: Drive from Kathmandu to Ramechhap / Manthali

Day 3: Flight to Lukla; Trek to Phakding

Day 4: Phakding to Namche Bazaar

Day 5: Acclimatisation day at Namche

Highlights of the Day
Hike up to Everest View Point, 3800 meters, Shangboche Airstrip, Khumjung Village and later "Everest Movie" at Cafe 8848
Walking hours: 4-5 hours
Meals: Breakfast/Lunch/Dinner
Lodge: Zamling Guest House
Altitude at Stay: 3400 meters

Day 6: Namche Baazar to Phortse

Day 7: Phortse to Dingboche

Day 8: Dingboche

Day 9: Dingboche to Lobuche

Day 10: Lobuche to Gorekshep via Everest Base Camp

Day 11: Gorekshep to Pangboche via Kalapathar

Day 12: Pangboche to Namche

Day 13: Namche to Lukla

Day 14: Back to Kathmandu

Day 15: Kathmandu

Day 16: International departure

According to your flight schedule, a WILD YAK representative will escort you to the airport.

LOGISTICS

Kathmandu

In Kathmandu:
We stay in superior category hotels – Shambaling Boutique Hotel and Hotel Yak & Yeti, or similar category, on a double room basis, breakfasts included. Subject to availability, booking single rooms on request (additional cost). If this is the case, please inform WILD YAK EXPEDITIONS when booking.

The included evening meals (2) are served in excellent restaurants in Kathmandu. WILD YAK EXPEDITIONS has tested each restaurant to meet our client's requirements best.

Please note that drinks are at each participant's expense.

Trekking

During the trekking:
During the trek, we will stay at the lodges recommended by WILD YAK EXPEDITIONS, quaint and traditional mountain guesthouses carefully chosen by WILD YAK representatives.

Please note that booking single rooms in the lodges is not possible. While blankets are provided by the lodge, we suggest bringing your sleeping bag. If needed, you can also rent one from WILD YAK EXPEDITIONS.

While the sleeping rooms may not be heated, rest assured that the dining hall in most lodges will be nicely warmed up every evening. Please remember that the toilet facilities are generally shared, except in selected lodges like in Namche, where we strive to provide you with attached rooms (subject to availability). These deluxe rooms offer a chance for you to enjoy a well-deserved rest day, complete with a refreshing shower and the convenience of charging your phone and batteries.

Aside from the mentioned places, you'll find that showers are still possible at other stops along the way, charging a nominal fee of USD 3 to 5. Similarly, mobile and battery charging services are also available (members' charge).

Regarding culinary delights, the lodges serve a delightful variety of cuisines ranging from Nepalese and Tibetan to continental dishes. It's the perfect opportunity to indulge in diverse flavors and satisfy your taste buds.

Please note that while most beverages and drinks are not included, we do provide coffee/tea in the morning and upon your arrival at the lodges. Additionally, to complement your tea selection, WILD YAK

EXPEDITIONS offers a few snacks at the end of the day.

Our Trekking Guides

Introducing our exceptional Trekking Guides:
At WILD YAK EXPEDITIONS, we carefully choose our trekking Guides for their specific expertise and individual abilities in the high altitude environment. This ensures our team is highly experienced, skilled, courteous, and supportive.

We take pride in supporting our local staff by offering fair salaries and encouraging their professional development. Our staff regularly participate in mountaineering workshops, wilderness first aid training, environmental preservation courses, garbage management, team leadership, and language refresher programs.

At WILD YAK EXPEDITIONS, we are proud to have professional government-trained and licensed Trekking Guides with extensive experience guiding treks around the majestic Himalayas. With a strong focus on safety, our WILD YAK trekking guides are well-versed in first aid training and possess extensive knowledge of the local landscape and the importance of environmental preservation.

Embark on an unforgettable journey:

As you embark on your trekking adventure, our expert Trekking Guides will lead you through various majestic trails and mountain passes, providing fascinating insights into the mountains, the rich culture, unique traditions, and breathtaking landscapes. Acting as a valuable interpreter, our WILD YAK trekking Guide will facilitate communication with the local communities, ensuring seamless interactions and cultural understanding.

A trusted companion:

Your safety is our priority, and our trekking Guide will be by on your side, attentively ensuring your well-being and addressing any needs that arise throughout the trail. In addition to caring for our members' needs, our WILD YAK trekking Guides also takes on the crucial role of supervising our WILD YAK Team of Porters, guaranteeing that safety requirements are met at every step of the journey. Their commitment extends to maintaining cleanliness, responsibly managing waste, and preserving the pristine condition of the trail and campsites throughout the entire trekking trip.

Constant communication:

We commit to staying well-informed about your group throughout the trekking experience at WILD YAK EXPEDITIONS. This allows us to provide the best support and ensure a smooth and enjoyable journey.

Our Team of Porters

Introducing our reliable WILD YAK Team of Porters:
At WILD YAK EXPEDITIONS, we understand the importance of reliable porters who ensure the safe transport of your belongings during trekking. With a focus on proper handling and punctual delivery, our dedicated Porters are committed to making your journey as smooth as possible.

Supporting and respecting our Porters:

At WILD YAK EXPEDITIONS, we highly value our Porters and have established strict standards to ensure they are treated with the utmost care and respect. This includes offering them a fair salary, bonuses, allowances, clothing, footwear, sunglasses, and comprehensive medical insurance.

Committed to fair practices:

In line with our commitment to the rights of our Porters, **we strictly adhere to the one member to one porter policy.** This ensures that each Porter has the minimum weight, support, and attention to fulfill their duties effectively.

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INCLUDES & EXCLUDES, PAYMENT INFORMATION

Includes & Excludes

WILD YAK Services
WILD YAK EXPEDITIONS' philosophy: the prices quoted include a maximum of services in complete transparency. So, our customers know the cost of their adventure when booking.

- The organisation of your Journey
- All airport/hotel transfers in Nepal
- Accommodation in superior hotels in Kathmandu – Shambaling Boutique Hotel and Hotel Yak & Yeti, or similar category, on a sharing basis, including breakfasts (3 nights). **Note:** *Additional charges occur for a single room (upon request)*
- 2 dinners (welcome and farewell)
- Guided sightseeing tour in Kathmandu, incl. the entry fees
- Private land transportation according to the program
- 1 night in Ramechhap / Manthali, on a sharing basis, including breakfast and dinner. **Note:** *Additional charges occur for a single room (upon request)*
- Flight Kathmandu-Lukla via Ramechhap, and back (by airplane)
- Accommodation in lodges during the trekking, on a sharing basis
- All main meals during the trekking
- A well-experienced and professional WILD YAK Team: Trekking guide, assistant guide (from 4 participants), porters -> **1 participant = 1 porter**, including their salary, insurance, transportation, food, and lodging
- Transportation of the luggage and group material from Kathmandu and back
- Lukla flight personal equipment **up to 20 kg**
- All necessary trekking permits
- Oxygen, mask, and regulator in case of emergency
- Medical first aid kit
- Logistics organization in case of rescue – repatriation
- 1 WILD YAK duffle bag for each participant
- All government and local taxes

Not Included

- International flight (we are at your disposal for your flight booking)
- Entry visa for Nepal (USD 50 per person for 30 days)
- Excess baggage and, or cargo for domestic and international flights, including local taxes
- Excess of 20 kg of personal luggage for transport
- Additional night(s) in Kathmandu or en route during the journey for any reason not caused by WILD YAK EXPEDITIONS and outside the planned itinerary
- Any additional night at low altitude for personal reasons (altitude sickness, etc.)
- Meals in Kathmandu, except all those mentioned above
- Travel cancellation and rescue insurance (**mandatory**)
- All individual beverages and personal expenses
- Personal equipment (**Note:** possibility of renting sleeping bags and warm jackets)
- Additional trip/tour
- Tips
- Any other expenses not included in the above price.

Payment & Cancellation Policy

Payment & Cancellation Policy:
Payment Methods: bank transfers

Currency: The default transaction currency will be specified on our website or provided when booking. If you pay in a different currency, currency conversion fees may apply, and the payment provider or financial institution will determine the exchange rate. **Note: All bank transfer charges are for the remitter's account.**

Payment Schedule:

- The payment schedule will depend on the type of booking and the specific terms and conditions associated with your booking.
- For some bookings, full payment may be required at the time of booking.
- For other bookings, a deposit will be required at the time of booking, with the remaining balance due before a specified deadline.
- Failure to make the required payments within the specified timeframe may cancel your booking, subject to our cancellation policy.

Payment Security: We prioritize the security of your payment information and comply with industry standards and best practices.

Payment Disputes and Refunds: In the event of a payment dispute or if you believe an incorrect payment has been made, please get in touch with our WILD YAK service team immediately. Refunds, if applicable, will be processed according to our cancellation and refund policy.

Modifications to the Payment Policy: We reserve the right to modify this payment policy at any time without prior notice. Any changes to the payment policy will not apply retroactively and will only affect future bookings.

Please note that this is a general overview of our payment policy. The specific payment terms and conditions may vary based on your booking and destination. We recommend reviewing the detailed payment policy provided when booking or contacting our WILD YAK service team for further assistance.

Trip Cancellation Policy (cf. Article 5 of WILD YAK Terms and Conditions):

At WILD YAK EXPEDITIONS, we understand that unexpected events can disrupt your travel plans. To ensure a smooth and transparent experience for our valued customers, we have developed the following trip cancellation policy:

Cancellation Requests:

All cancellation requests must be submitted in writing via email, registered letter or through our designated cancellation form available on our website. The date of receipt by us of your cancellation will be considered for calculating the charged money. If the last day of the time limit is an official holiday or a non-business day, the time limit shall expire at the end of the first subsequent business day.

Cancellation & Refund Policy:

Cancellation from your side:

The cancellation charges will vary depending on the type of booking, destination, and specific terms and conditions associated with your reservation.

Once you have paid your deposit, your trip is confirmed, subject to payment of the fees owed 45 days before your trip commencement date. An expedition trek member may then cancel their participation on the following basis:

- **Cancellations outside of 45 days will result in the loss of the trip deposit.**
- **For cancellations made within 45 days of the trip commencement date, we reserve the right to retain 50% of the total fee.**
- **For cancellations within 30 days of the departure date, a cancellation fee of 100% of the total fee applies.**

Non-refundable components of your booking, such as certain flights, accommodations, or activities, may not be eligible for a refund.

Refunds will be issued using the original payment method used for the booking.

Cancellation by WILD YAK EXPEDITIONS:

If we need to cancel your trip due to unforeseen circumstances, we will notify you as soon as possible.

If we cancel your trip, you will be eligible for a full refund of the amount paid for the affected booking.

Modifications to the Cancellation Policy:

We reserve the right to modify this cancellation policy without prior notice.

Any changes to the cancellation policy will not apply retroactively and will only affect future bookings.

Please note that this is a general overview of our trip cancellation policy. The specific terms and conditions may vary based on your booking and destination. We recommend reviewing the detailed cancellation policy provided when booking or contacting our WILD YAK service team for further assistance.

TRIP NOTES

Fitness & Difficulty level

Fitness and Difficulty Level:
Choosing a trek that matches your fitness level is essential to ensure an enjoyable and safe experience. That's why our team of expert guides has created a straightforward grading system to make the process easier. With this system, we can help you choose the mountain that best matches your abilities and capabilities. Trust our expertise to guide you toward the perfect climb.

Everest Base Camp Trekking Level: moderate++

A moderate++ trekking grade takes into account the following factors:

- An altitude up to 5500 m above sea level
- An average trail inclination of about 30%-45%; some sections may consist of loose, sandy, gravel ground and boulders
- An average of 400 to 800 elevation ascents a day (especially when crossing passes)
- The capacity to walk comfortably on glacier moraines
- A trail, which may be rough paved, loose dirt, slippery, in a landslide area, icy or snowy (in some parts, you might be assisted by the guides)
- The aptitude for walking at least 4 to 7 hours daily (longer days when crossing the passes 8 to 10 hrs.)

It requires the following skills from each participant:

- Very good stamina, to be able to walk for several hours at a sustained walking pace in a high altitude environment during several subsequent days
- You are familiar with assessing obstacles and hazards along the trail and walk confidently (depending on the trail conditions, you may need some help in certain sections, especially while crossing the passes)
- You can carry a small personal backpack (4 to 5 kg)

Personal Equipment

Your personal equipment:
Acquiring the necessary equipment for your Himalayan journey can be expensive, with specific requirements that you might only need for this particular adventure. **To help minimize expenses, we provide our guests with the option to rent** sleeping bags and warm-down jackets. This allows you to experience your trekking without purchasing gear you may never need or use again.

Note: We kindly ask you to order the required trekking equipment (sleeping bag, down jacket) **30 days before the departure**. Don't miss out on securing these essential goods in time!

We will provide you with a comprehensive list outlining all the essential clothing and equipment you must bring individually.

Travel Insurance

Travel Insurance:
Having the right travel insurance is essential to enjoy your trip with WILD YAK EXPEDITIONS fully. Travel insurance must provide coverage for trip cancellation due to personal emergencies (mountain rescue and helicopter evacuation shall be covered), medical issues, natural disasters, or other covered events.

Purchasing comprehensive **travel insurance** to protect yourself against unforeseen circumstances, including trip cancellations **is therefore mandatory** for anyone booking a trip with WILD YAK EXPEDITIONS. To this extent, you must submit a copy of your insurance policy to the WILD YAK EXPEDITIONS office with your registration form.

We recommend carefully choosing your insurance policy, as some insurance companies make exceptions for such trips. Before booking your insurance, check that the insurance company knows the itinerary you will be following with WILD YAK EXPEDITIONS and that all activities undertaken during the trip are covered.

Finally, check that your insurance policy also covers trip cancellation.

Due to the international situation of our clients, please note that WILD YAK EXPEDITIONS does not sell insurance. For more information on this subject, please do not hesitate to contact us.

Visa procedure

Before traveling with WILD YAK EXPEDITIONS, please check the validity of your passport. **Your passport must be valid for six months after your return date.**
Nepal is one of the countries where obtaining a visa is quick and straightforward. There are **two ways of getting a visa to enter Nepal**:

– **Upon your arrival** at the immigration office at Kathmandu Tribhuvan Airport.

To apply at the airport, you must fill in a form using the electronic terminals. Take the printed receipt from the machine to make the payment (we recommend that you have an exact change in U.S. dollars) at the airport bank. Once you have paid, take your receipt to the immigration desk.

– **Before your departure**, contact your country's Nepalese Embassy or Consulate.

According to the provisions in force, the amount of the visa obtained on arrival is USD 30 for 15 days, USD 50 for 30 days, and USD 125 for 90 days.

OPTIONAL ADDS ON

Helicopter Services

Helicopter Services:
Suppose you are too tired or not feeling motivated to hike for days after crossing the pass. In that case, you can take a helicopter service from anywhere. It is then easier to return to Lukla or fly directly to Kathmandu.

You can also use the helicopter service for mountain tour flights and get amazing views of the Himalaya.

Feel free to contact us for any helicopter services.

Extra Visits

Extra Visits:
Discover the Hidden Gems of Nepal beyond Adventure Activities

Besides mountaineering or trekking, you can explore diverse experiences in Nepal. With its cultural heritage, spiritual traditions, natural beauty, and warm hospitality, Nepal offers endless opportunities to create meaningful and unforgettable memories.

Cultural exploration and local immersion:

Uncover the richness of Nepal, where adventure activities are just the beginning. Elevate your senses with sightseeing tours of Nepal's historical sites and architectural marvels – Marvel at ancient palaces, temples, and intricate woodcarvings in Kathmandu, Bhaktapur, and Patan. Explore monasteries, museums, and art galleries to unlock the secrets of Nepal's rich history and artistic traditions.

Immerse yourself in vibrant festivals, traditional villages, and the warm embrace of locals eager to share their customs and traditions. Immerse yourself in the local culture with homestay programs, where you can experience the daily life of Nepalese families, learn traditional cooking, and engage in community activities. Forge genuine connections and gain a deeper understanding of the local culture.

Wildlife and Nature Experiences:

Unleash your wild side with wildlife safaris in national parks like Chitwan and Bardia, where rhinos, tigers, elephants, and exotic bird species roam free. Or embrace the serene beauty of Nepal's mountains, lakes, and rivers through nature walks, birdwatching, and boating activities.

Spiritual and Yoga retreats:

Embark on a spiritual journey to Nepal's sacred sites, such as the revered Pashupatinath Temple, the peaceful Swayambhunath Stupa, and the birthplace of Lord Buddha, Lumbini.

Find serenity and rejuvenation through meditation retreats, yoga classes, and spiritual workshops that nourish the mind, body, and soul. Indulge in a world of wellness and Ayurveda, as Nepal offers a sanctuary for rejuvenation. Pamper yourself with spa treatments, Ayurvedic therapies, and healing practices that promote relaxation, stress relief, and holistic well-being.

Volunteering

Become a Volunteer:
Make a difference through volunteer programs, where you can contribute to community development, education, healthcare, and environmental conservation projects. Experience the satisfaction of leaving a positive impact and gain a profound understanding of Nepal's social challenges and initiatives.

WILD YAK EXPEDITIONS is dedicated to sustainable tourism and actively contributes to the community. Through their charity organization "The Butterfly Help Project", the co-founders of WILD YAK

EXPEDITIONS have undertaken various initiatives, including constructing four schools in remote areas of Nepal. Additionally, they run a hostel for underprivileged mountain children, providing them with accommodation and education opportunities. They also sponsor numerous children who have lost their fathers in the mountains.

In addition to their educational efforts, the co-founders of WILD YAK EXPEDITIONS have established two apple orchards in the Kanchenjunga region at more than 3000 meters, supporting the local economy.

If you're interested, you can visit one of these schools or volunteer at the hostel. By engaging with WILD YAK EXPEDITIONS, you can contribute to the co-founders' impactful projects and make a difference in the lives of others.

TREKKING MAPS

EVEREST BASE CAMP Trek Map

FAQ

Do I get some further documentation about my trek?

When you register, we will email you a pdf reference document for the trekking experience you have chosen. This document contains detailed information to help you plan your trip, including travel tips, equipment and medicine lists for your personal pharmacy.
This is a useful document, but please do not hesitate to contact us if you have any further questions. Our WILD YAK Team will be happy to advise you.

Journey

What's the best way to get to Nepal?
Many airlines offer flights to Kathmandu International Airport. Most airlines fly directly to most countries via Doha, Bangkok, Singapore, Hong Kong and New Delhi.

When should I book my ticket?

If you see a good deal and want to book your flights as soon as possible, make sure you can change your tickets, otherwise you risk losing your ticket in case we have to cancel the trip if we don't reach the minimum number of participants. We remain at your disposal for booking your international flights.
Please do not hesitate to contact us.

Can I get a cheap ticket online?

The risk with these tickets is that you generally have to pay a lot more if you need to make changes to your ticket. We strongly recommend that you use a travel agent for your trip, as they can help you solve many problems. In the long run, they save you money! We use professional travel agents for all our staff and guide bookings. Please do not hesitate to contact us.

What happens if I arrive before the start of the trekking, or wish to return later?

For such a trip, we ask that you arrive in Kathmandu on time to ensure that your luggage arrives on time and that you have time to recover from jet lag before your Himalayan experience. It is difficult to catch up with the group if you arrive late and are waiting for lost luggage!

If you'd like to arrive earlier or leave later to enjoy Kathmandu or discover other places in Nepal, we're happy to help you organise your extended stay.

However, please bear in mind that this is a long journey and participants usually want to return home as soon as possible after your trip. That's why we recommend that you take flexible tickets.

Is someone coming to pick me up at the airport?

A WILD YAK EXPEDITIONS representative will be waiting outside Kathmandu airport to meet you on arrival.

Are there any entry or visa requirements?

Yes, there are some visa formalities. Please refer to the "Visa" section of our website. Make sure you have the suggested amount in US dollars for your visa application in cash when you arrive in Kathmandu. Currently, a 15-day visa costs USD 30, a 30-day visa costs USD 50, and a 90-day visa costs USD 125 for most nationalities.

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